

Thurs. Feb 1	DAY I : THE SECRETS TO UNLOCKING POTENTIAL		Fri. Feb 2	DAY II : THE TOOLS TO UNLOCKING POTENTIAL Confidence, Connections, Communication & Emotions:		
8:15-8:45	Registration/Reception		8:00-8:45	Registration/Reception		
8:45-9:15	<b>Welcome and Opening remarks</b> <i>Cindy Burwell, Mark Milton &amp; Yassine Yousfi (IOC)</i>		8:45-9:30	<b>The Power of Play: Physical Literacy: the basis for Confidence &amp; Sport Excellence</b> <i>Dr Dean Kriellaars</i>		
9:15-10:15	<b>Changing the Game in Coaching: Lessons learned from Coaches and Players</b> <i>Coach John O’Sullivan</i>		9:30-10:45	<b>The Power of Words – A Double Edged Sword</b> <i>Dr Pascal Gygax</i>		
10:15-10:45	<b>Interactive Group Activity &amp; BREAK</b> <i>Coach John O’Sullivan</i>		10:45-11:15	<i>Networking Break</i>		
10:45-11:30	<b>Unlocking Performance through Positive Coaching</b> <i>Dr Jean Côté</i>			<b>WORKSHOPS: Confidence &amp; Emotions in Play</b>		
11:30-12:15	<b>Tailor-made youth sport: The KEY to Success</b> <i>Kris Van Der Haegen</i>		11:15-12:15	<b>WORKSHOP: (ENG) Movement Preparation &amp; Freeplay in Sport to play with Confidence</b> <i>Dean Kriellaars</i>	<b>WORKSHOP: (Eng) Building Character and Mental Strength</b> <i>Mario Antonelli</i>	<b>WORKSHOP: (Fre) Managing Emotions with the Relational Compass</b> <i>Mark Milton</i>
12:15-13:15	<i>LUNCH BREAK</i>		12:15-13:15	<i>LUNCH BREAK</i>		
13:15-14:00	<b>Unlocking the Full Potential of Your Athletes! A Case Study</b> <i>Maureen Electa Monte</i>	<b>Advice for Parents to Support Your Child in Sport</b> John O’Sullivan	13:15-13:45	<b>Returning to Play– Video, Talk &amp; Q&amp;A</b> <i>Tania Cotton &amp; Dean Kriellaars</i>		
14:00–14:30	<b>Interactive Group Activity– John &amp; Dean</b>		13:45-14:30	<b>Returning to Play – Communication between Athlete, Coach, Medical Team?</b> <i>Prof Jacques Menetrey</i>		
14:30-15:00	<b>Panel Discussion/Q&amp;A – Early Specialization in Sport&amp;Talent Selection</b> <i>Kris Van Der Haegen, Dean Kriellaars, Jean Côté, John O’Sullivan</i>		14:30-15:00	<b>Athlete Panel – The Coach-Athlete Relationship</b> <i>Lucas Tramer, Sarah Atcho, other TBA</i>		
15:00-15:30	<b>Mindfulness in Youth Sport (FRE)</b> <i>Dr Mattia Piffaretti</i>	<b>Confidence Building in Young Athletes (ENG):</b> <i>Mario Antonelli</i>	15:00-15:30	<i>Networking Break</i>		
15:30-16:00	<i>Networking Break</i>		15:30-17:30	<b>WORKSHOP: (English/FRE) Transformational Coaching</b> <i>Dr. Jean Côté</i>		<b>WORKSHOP: (English) Know your Strengths!</b> <i>Maureen Electa Monte</i>
16:00-17:00	<b>WORKSHOP: How to Create the Best Learning Environment (ENG)</b> <i>Kris Van Der Haegen</i>	<b>WORKSHOP: Focus Training using a Slackline : (FRE)</b> <i>Mattia Piffaretti</i>				